WHICH KEYSTONE STARS PERFORMANCE STANDARD WILL MY PROGRAM EARN BONUS POINTS FOR SUCCESSFULLY IMPLEMENTING PA NAP SACC PROGRAM?

Partnerships with Families and Communities (2 points)

HOW DOES PA NAP SACC PROGRAM ALIGN WITH THE KEYSTONE STARS PERFORMANCE STANDARDS?

The PA NAP SACC program supports Partnerships with Families and Communities because it is an organized effort to promote nutritional health for children and includes families to support nutrition and physical activities at home. Families are encouraged to be part of the continuous quality improvement team.

The PA NAP SACC program is a continuous quality improvement process focused on nutrition and physical activity practices and policies within early childhood settings. The program utilizes Go NAPSACC, an evidence-based tool, to guide participants through self-assessment, action planning, implementation, policy development, re-self-assessment and reflection. The process is web-based, and empowers program leadership and includes individualized technical assistance to increase knowledge and improve quality of practice and policy.

WHAT EVIDENCE SHOULD I EXPECT TO PROVIDE TO MY QUALITY COACH TO SHOW FULL IMPLEMENTATION OF PA NAP SACC?

The PA NAP SACC program is a sustained, high level, comprehensive example of professional development that is ongoing and is more intensive than a one-time professional development event or activity. Upon full implementation, you should be able to provide:

- Action Plans showing completed nutrition and physical activity goals, including steps to develop/enhance written policy within each area
- Pre and post self-assessment results (using web-based Go NAPSACC tool)
- Registry transcript records for any professional development completed related to their action plan
- Pre and post nutrition and physical activity policy samples showing development
- Reflection form

WHO DO I CONTACT FOR MORE INFORMATION ON PA NAP SACC?

Organization: Tuscarora Intermediate Unit 11 - Community Education and Workforce Services
Address: 6395 SR 103 N, Lewistown, PA 17044
Phone: 717-248-4942
Contact: Lori McMonigal or Rose Gioia-Fine
Email: lmcmongal@tiu11.org or rgioia.fine@tiu11.org
Website: www.keystonekidsngo.org (not active until September 2019)
WHICH KEystone STARS PERFORMANCE STANDARD WILL MY PROGRAM EARN BONUS POINTS FOR SUCCESSFULLY IMPLEMENTING PBiS?

Early Care and Education Program (2 points)

HOW DOES PBiS ALIGN WITH THE KEystone STARS PERFORMANCE STANDARDS?

Children benefit from safe, nurturing environments, clear and consistent routines, and effective teachers who understand behavior is a child’s way of communication needs. Program-Wide Positive Behavior Intervention and Support (PW-PBIS) is a conceptual framework for supporting social emotional development and addressing challenging behaviors in early childhood, based on the guidance and resource of the Pyramid Model. PW PBIS supports administrative teams to use implementation science and practical strategies to support their staff and families. This initiative guides programs to make data-based decisions, engage in shared leadership, and coach staff to implement evidence-based practices.

WHAT EVIDENCE SHOULD I EXPECT TO PROVIDE TO MY QUALITY COACH TO SHOW FULL IMPLEMENTATION OF PBiS?

The PAPBS Network will evaluate programs who have implemented PBIS based on their standards. Once the facility has met those standards, they will receive a banner to display. In subsequent years, the program will receive a dated badge to attach to the banner. The Quality Coach will need to see the banner indicating recognition within the past 12 months.

WHO DO I CONTACT FOR MORE INFORMATION ON PBiS?

Organization: PA Positive Behavior Support Network (PAPBS)
Address: 6340 Flank Dr. Harrisburg, PA 17112
Phone: 717-829-1711
Contact: Susan Zeiders
Email: szeiders@pattan.net
Website: www.papbs.org

WHO DO I CONTACT FOR MORE INFORMATION ON PBiS?

Website: www.eita-pa.org/sedvelopment
WHICH KEYSTONE STARS PERFORMANCE STANDARD WILL I EARN BONUS POINTS FOR SUCCESSFULLY IMPLEMENTING PA ECO HEALTHY CHILD CARE?

Leadership and Management (2 points)

HOW DOES PA ECO HEALTHY CHILD CARE ALIGN WITH THE KEYSTONE STARS PERFORMANCE STANDARDS?

PA Eco Healthy Child Care supports Leadership and Management because it is an organized effort to promote environmental health improvements in early learning programs. Programs will be making their facilities and programs healthier resulting in a positive impact on the health of the children and program staff.

Through completing professional development courses, programs will focus on creating and maintaining an early childhood learning environment that addresses the range of environmental health topics including:

- Air Quality
- Integrated Pest Management
- Chemical Hazards
- Environmental Tobacco Smoke
- Water Quality
- Lead (soil, water, products)
- Sun Safety
- Radon
- Plastics
- Furniture and Carpets
- Playground Equipment
- Noise Pollution
- Art Supplies

This will reduce children’s and staff’s exposure to chemicals and pollutants and will support programs that sustain environmentally friendly practices (recycling, reducing paper use, purchasing sustainable products, reducing waste, etc.).

WHAT EVIDENCE SHOULD I EXPECT TO PROVIDE TO MY QUALITY COACH TO SHOW FULL IMPLEMENTATION OF PA ECO HEALTHY CHILD CARE?

- Evidence of annual professional development for staff (minimum 2 hours per person) on environmental health topics, presented by qualified professionals or approved PA Key online module.

- Assessment using EHCC Checklist Self-endorsement is optional because of cost and extremely limited validation of checklist items.
  Fee: $25.00 if 1 - 20 children; $50.00 if 21 or more children.

- Policies in staff and family handbooks that are consistent with Model Child Health Policies, or equivalent, with inclusion of Caring for Our Children Standards.

pennsylvania
KEYSTONE STARS
OFFICE OF CHILD DEVELOPMENT AND EARLY LEARNING

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KEYSTONE STARS BONUS POINT QUALITY INITIATIVE: PA ECO HEALTHY CHILD CARE

WHO DO I CONTACT FOR MORE INFORMATION ON PA ECO HEALTHY CHILD CARE?

Organization: PA Chapter, American Academy of Pediatrics/Early Childhood Education Linkage System
Address: Rose Tree Corporate Center II – 1400 North Providence Rd, Suite 4000 Media, PA 19063
Phone: 800-243-2357 or 800-395-3948
Contact: Libby Ungvary or Nancy Alleman
Email: ecels@paaap.org or lungvary@paaap.org; nalleman@paaap.org
Website: www.ecels-healthychildcarepa.org

WHERE DO I GO TO FIND ADDITIONAL INFORMATION ON PA ECO HEALTHY CHILD CARE?

   - ECELS Indoor Air Quality Self-Learning Module
   - ECELS Pest Management: Integrated Pest Management Self-Learning Module

2. Children’s Environmental Health Network: https://cehn.org
   - Eco-Healthy Child Care Online Module
   - Eco-Healthy Child Care Fact Sheets
   - Eco-Healthy Child Care Endorsement

3. PD Registry: https://papdregistry.org/
   - ADM100: The Eco-Friendly Child Care Center, Part 1: Green Lifestyle and Environmental Health
   - ADM101: The Eco-Friendly Child Care Center, Part 2: Environmental Education and Sustainability
   - Green Cleaning, Sanitizing, and Disinfecting: A Curriculum for ECE Self-Learning Module
   - Healthy Child Care Environments: Using Green Cleaners Self-Learning Module

   - Guidelines for Early Care and Education Programs - Chapter 5: Facilities, Supplies, Equipment, and Environmental Health

5. Model Child Care Health Policies (MCCHP5) - Section 8 Environmental Health
KEYSTONE STARS BONUS POINT QUALITY INITIATIVE: FARM TO EARLY CARE AND EDUCATION (FARM TO ECE)

WHICH KEYSTONE STARS PERFORMANCE STANDARD WILL MY PROGRAM EARN BONUS POINTS FOR SUCCESSFULLY IMPLEMENTING FARM TO ECE?

Early Care and Education Program (2 points)

HOW DOES FARM TO ECE ALIGN WITH THE KEYSTONE STARS PERFORMANCE STANDARDS?

Farm to ECE offers benefits that parallel the goals and priorities of the early care and education community. Farm to ECE expands healthy food access for children and families. The reasons below highlight how Farm to ECE activities help providers meet their goals of providing the highest quality care and educational experience available to the children they serve.

- **Health**: Farm to ECE activities like taste tests, cooking lessons, and gardening offer repeated exposures to new and healthy foods. This promotes lifelong healthy food preferences and eating patterns and decreases the risk for obesity.

- **Family and Community Engagement**: Gardening and food related activities appeal to families and create more opportunities for meaningful engagement. Children take home the excitement of learning about new foods and act as a catalyst for change in the family and community.
  Purchasing local products also helps the community.

- **Experiential Education**: The experiential learning opportunities associated with Farm to ECE enhance the learning environment, can help achieve early learning standards, and support appropriate cognitive, emotional, social, and physical development.

Below are some specific examples of Farm to ECE:

- Using a curriculum of set of activities that includes a focus on local foods such as the USDA’s Grow It, Try It, Like It curriculum or using a Harvest of the Month framework for classroom activities.
- Cooking in the classroom
- Farm field trips
- Having a farmer or chef visit the classroom
- Serving local fruit and/or vegetable for a snack
- Procuring a locally grown or produced item to use in CACFP
- Planting seeds indoors
- Creating a raised bed garden and inviting parents to volunteer

Though healthy foods of all kinds are valuable, Farm to ECE is about a connection to local agriculture. This could mean local food from your county, state or region.

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WHAT EVIDENCE SHOULD I EXPECT TO PROVIDE TO MY QUALITY COACH TO SHOW FULL IMPLEMENTATION OF FARM TO ECE?

Upon full implementation of this quality initiative, you should be able to do the following:

- Offer photos
- Walk through your garden
- Share lesson plans & activity write ups
- Highlight local items on CACFP menu
- Identify farms from which items were procured
- Keep an Early Care and Education binder to record activities and dates

WHO DO I CONTACT FOR MORE INFORMATION ON FARM TO ECE?

Organization: The Food Trust
Address: 1617 John F Kennedy Blvd. Suite 900 Philadelphia, PA 19103
Phone: 215-575-0444 ext. 7172
Contact: Kelsey Porter
Email: kporter@thefoodtrust.org
Website: www.thefoodtrust.org

WHO DO I CONTACT FOR MORE INFORMATION ON FARM TO ECE?

Websites:

- www.preadysetgrow.org
- www.farmtoschool.org
- www.fns.usda.gov/cfs/community-food-systems
WHICH KEYSTONE STARS PERFORMANCE STANDARD WILL MY PROGRAM EARN BONUS POINTS FOR SUCCESSFULLY IMPLEMENTING ASQ?

Early Care and Education Program (2 points)

HOW DOES ASQ ALIGN WITH THE KEYSTONE STARS PERFORMANCE STANDARDS?

After School Quality (ASQ) supports Early Care and Education Programs because it is an effort to invest in Continuous Quality Improvement (CQI) and utilizes program observation instruments. A program that is using ASQ will use observations and self-assessments to inform their CQI plan and technical assistance goals with information that is above and beyond the feedback received from their required ERS or CLASS assessments.

ASQ is a five-step process that helps a program and a team of people committed to quality improvement examine their program and make changes that will lead to better practices. Programs will involve their ASQ team in an open dialogue about their program. Together, programs set a vision and assess how well they are meeting the needs of the children, youth, and families they serve.

A program’s ASQ Team will develop an action plan to reach improvement goals. The ASQ process considers that administration, staff, families, children, youth, and community members — are the best people to make the quality improvement changes.

WHAT EVIDENCE SHOULD I EXPECT TO PROVIDE TO MY QUALITY COACH TO SHOW FULL IMPLEMENTATION OF ASQ?

Upon completion of the ASQ process, a paperwork review will be conducted by a trained ASQ quality coach/consultant. A specific template has been established that helps ensure a program has implemented the ASQ 5-step process. This template is available from Betsy Saatman at the email address above. In addition to the template, programs should expect to share evidence of implementation and take part in an informal interview with a trained ASQ Quality Coach or consultant.

WHO DO I CONTACT FOR MORE INFORMATION ON ASQ?

Organization: PA Key  
Address: 200 N. 3rd St. 3rd Floor Harrisburg, PA 17101  
Phone: 800-284-6031  
Contact: Betsy Saatman  
Email: betsa@pakeys.org  
Website: www.pakeys.org

WHO DO I CONTACT FOR MORE INFORMATION ON ASQ?

ASQ Website: www.niosh.org

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