



# DCIU is proud to support 2<sup>nd</sup> Annual Suicide Awareness Week September 11-15, 2017



Monday, September 11, 2017  
10 am-5 pm  
DCIU Rooms 171 & 172

## Children's Mental Health Expo

Children's Mental Health Expo is presented by the Delaware County System of Care Children's Cabinet & Coalition along with the Delaware County Intermediate Unit. In recognition of National Suicide Prevention week we are hosting a Children's Mental Health Expo.



## QPR-Question, Persuade, Refer

QPR stands for Question, Persuade, and Refer – the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. In QPR the general public is educated about the known warning signs of a suicide crisis: expressions of hopelessness, depression, giving away prized possessions, talking of suicide, securing lethal

Tuesday, September 12, 2017  
9:00-11:00  
DCIU Rooms 171 & 172



## ASIST Training

The Applied Suicide Intervention Skills Training (ASIST) workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills needed for life assisting suicide first aid. ASIST is a two-day intensive, interactive and practice-dominated course designed to help caregivers learn how to intervene to prevent the immediate risk of suicide and provide safety-for-

Wednesday & Thursday, September 13 & 14, 2017  
8:30 am-4:30pm  
DCIU Rooms 171 & 172



## The Elephant in the Room: Assessment and Management of Suicide Risk

The ability to conduct an informed suicide risk assessment is a vital skill for clinicians. This session will focus on identifying warning signs and risk factors, effectively conducting suicide risk assessments, and determining level of risk. Participants will learn our how monitor suicidal behavior over time, plan for safety and protect oneself from vicarious traumatization. Attendees will leave this workshop with specific strategies and skills that can be implemented immediately.

Friday, September 15, 2017  
9am-1pm  
DCIU Rooms 171 & 172  
**This workshop meets  
Act 71 Requirements**

DCASP offering APA/Psychology credits  
\$10/person- checks payable to DCASP day of workshop.  
Elwyn offering Social work/LPC/MFT credits pending through NASW-PA Brandywine Division  
\$15- for NASW Members or \$25 for all others

**Breakfast for this session  
Sponsored by  
Delaware County Suicide  
Prevention & Awareness  
Task Force**

**DELAWARE COUNTY INTERMEDIATE UNIT  
200 Yale Avenue, Morton, PA 19070**

**\*\*\*Please register for all workshops on My Learning Plan \*\*\***

**YOU MUST BE PRE-REGISTERED TO RECEIVE ACT 48 CREDIT**