Community Food and Nutrition Programs in Delaware County

Money for Food
Participate in the Supplemental Nutrition Assistance Program (SNAP), formerly called the Food Stamp Program. Visit www.compass.state.pa.us.

PA Department of Public Welfare
1-800-692-7462
Harrisburg, PA

Delaware County Assistance Office
610-447-5500
Chester, PA

Delaware County Assistance Office, District 2
610-461-3800
Darby, PA

Community Action Agency of Delaware County
610-874-8451
Boothwyn, PA

PathWays PA
610-543-5022
Holmes, PA

Help Reducing Grocery Bills

Self-Help & Resource Exchange (S.H.A.R.E.) 1-800-595-3663
Food Program
Philadelphia, PA
Monthly food packages, worth approximately $45, for only $20 plus 2 hours of community services.

Fare & Square 484-483-2500
9th and Trainer Street, Chester, PA
Free membership to all with extra reward benefits available that can earn you store credit good on future purchases

Fresh Produce
More does matter.

Fresh for All Program 1-800-319-3663
Philabundance puts fresh produce into the hands of those in need at the following locations:

Christ Lutheran Church
7240 Walnut Street
Upper Darby, PA 19082
Friday 9:30 am - 10:30 am

Warm Meals
Find a warm meal in your community. Some may require a referral.

The Bernardine Center 610-497-3225
Chester, PA
Monday, Tuesday & Thursday, 10:00 am - 12:00 noon

CityTeam Ministries 610-872-6865
Chester, PA
Dinner - Monday - Sunday, 5:00 pm - 5:45 pm
Fresh Produce & Baked Goods - Monday - Friday, 1:30 pm - 4:00 pm

Community Outreach Project 610-734-5770
Upper Darby, PA
Daily, 7:00 pm - 8:00 pm

Cokesbury United Methodist Church 610-485-1645
Marcus Hook, PA
Sunday Supper, 1st Sunday of the month, 5:00 pm – 7:00 pm

Salvation Army 610-874-4266
Chester, PA
Lunch - Monday - Friday, 12:00 noon

Salvation Army 610-583-3720
Darby, PA
Lunch - Tuesday - Friday, 12:00 noon - 1:30 pm

St. Daniel's United Methodist Church 610-876-8152
Chester, PA
Tuesday, 11:00 am – 12:30 pm

True Vine Missionary Full Gospel Baptist Church 610-490-4005
Chester, PA
Thursday, 12:00 noon - 1:00 pm

Home Delivered Meals
Some may qualify for nutritious meals to be delivered to their home. Assessment of need and referral needed.

Delaware County Office of Services for the Aging 610-490-1300
Eddystone, PA
For homebound seniors over 60 years of age. Call to apply.

Metropolitan Area Neighborhood Nutrition Alliance (MANNA) 1-866-626-6209
Philadelphia, PA
For individuals at acute nutritional risk due to life-threatening illness. Referral required. Call for more information.

Baby Cupboard
Need of some assistance with your new baby? Some community programs may be able to help you with baby foods, diapers, formula or clothing for your baby.

The Bernardine Center 610-497-3225
Chester, PA
Thursday, 1:00 pm - 3:00 pm

Catholic Social Services 610-876-7101
Chester, PA
For parents participating in their parenting classes.

CityTeam Ministries 610-872-6865
Chester, PA
Wednesday, 1:00 pm - 4:00 pm & Thursday, 10:00 am - 11:30 am

Delaware County MOMobile 610-713-0570
Upper Darby, PA
Call to make arrangements. May assist with connecting to programs that help with baby supplies.

Child Nutrition Programs
Many programs help to improve the health of children by providing nutritious foods and/or nutrition information.

National School Breakfast and Lunch Programs
Contact your child’s school food service director.

Nutritional Development Services 1-800-311-2727
Philadelphia, PA
Free and reduced price meals and snacks for children at schools, child care sites, summer programs & shelters.

Women, Infants & Children (WIC) Program
All of Delaware County 610-497-7660
Food vouchers & nutrition education for pregnant women, postpartum women, infants & children up to age five.

PA Farmers’ Market Program
Checks for Pennsylvania-grown fruits and vegetables.

Women, Infants & Children (WIC) Program
All of Delaware County 610-497-7660
Contact your local WIC office for eligibility.

Delaware County Office of Services for the Aging (COSA) 610-490-1300
For seniors 60 years of age or older by December 31st of the program year that meet the income eligibility guidelines.

To learn more about nutrition, stretching your food dollars and cooking nutritious meals.

Call Penn State Nutrition Links 610-690-2655

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(located at the Life Center of Eastern Delaware Valley)
Upper Darby, PA
Daily, 7:00 pm - 8:00 pm

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# Local Food Resources

## Emergency Food

Many churches and community groups offer food to those in need either at a food center, food pantry or cupboard. Some may require a referral.

<table>
<thead>
<tr>
<th>Church Name</th>
<th>Phone Number</th>
<th>Location</th>
<th>Days/Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Bernardine Center</td>
<td>610-497-3225</td>
<td>Chester, PA</td>
<td>2nd and 4th Tuesday of the month, 4:00 pm - 5:00 pm &amp; Wednesday 9:00 am - 11:00 am No cupboard the 5th Wednesday of month.</td>
</tr>
<tr>
<td>Catholic Social Services</td>
<td>610-876-7101</td>
<td>Chester, PA</td>
<td>Wednesdays, 10:00 AM – 11:00 AM</td>
</tr>
<tr>
<td>Chester East Side Ministries</td>
<td>610-872-4812</td>
<td>Chester, PA</td>
<td>Monday &amp; Wednesday, 11:00 am - 12:45 pm</td>
</tr>
<tr>
<td>Christ Tabernacle Church</td>
<td>610-328-2330</td>
<td>Morton, PA</td>
<td>2nd &amp; 4th Saturday of the month, 10:00 am - 12:00 noon</td>
</tr>
<tr>
<td>Church of the Nazarene</td>
<td>610-583-7845</td>
<td>Collingdale, PA</td>
<td>Thursday, 6:30 pm - 8:00 pm</td>
</tr>
<tr>
<td>CityTeam Ministries</td>
<td>610-872-6865</td>
<td>Chester, PA</td>
<td>Wednesday &amp; Friday, 1:30 pm – 4:00 pm</td>
</tr>
<tr>
<td>Cokesbury United Methodist Church</td>
<td>610-485-1645</td>
<td>Marcus Hook, PA</td>
<td>3rd Wednesday of the month, 10:00 am – 12:00 noon</td>
</tr>
<tr>
<td>First United Methodist Church</td>
<td>610-566-3172</td>
<td>Media, PA</td>
<td>Thursday, 7:00 pm - 8:00 pm &amp; the 2nd &amp; 4th Saturday of the Month, 10:00 am - 11:00 am</td>
</tr>
<tr>
<td>God's House of Glory</td>
<td>610-876-7764</td>
<td>Chester, PA</td>
<td>Thursday, 5:00 pm – 6:00 pm Call to make arrangements.</td>
</tr>
<tr>
<td>God's House of Prayer and Repair</td>
<td>610-494-7137</td>
<td>Chester, PA</td>
<td></td>
</tr>
<tr>
<td>Loaves and Fishes Food Pantry</td>
<td>610-532-9000</td>
<td>Prospect Park, PA</td>
<td>2nd &amp; 4th Tuesday of the month, 10:00 am - 11:00 am</td>
</tr>
<tr>
<td>Mt. Zion CME Church</td>
<td>610-583-1932</td>
<td>Sharon Hill, PA</td>
<td>Saturday, 10:00 am - 12:00 noon</td>
</tr>
<tr>
<td>Neighbor to Neighbor CDC</td>
<td>610-461-8140</td>
<td>Sharon Hill, PA</td>
<td>Thursday, 6:00 pm - 8:00 pm</td>
</tr>
<tr>
<td>New Jerusalem Food Center</td>
<td>610-818-5203</td>
<td>Chester, PA</td>
<td>2nd &amp; 4th Tuesday of the month, 10:00 am - 11:00 am</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>610-874-4266</td>
<td>Chester, PA</td>
<td>2nd &amp; 4th Wednesday, 1:00 pm - 3:00 pm</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>610-583-3720</td>
<td>Darby, PA</td>
<td>By appointment only.</td>
</tr>
<tr>
<td>St. Daniel's United Methodist Church</td>
<td>610-876-8152</td>
<td>Chester, PA</td>
<td>Tuesday, 11:00 am – 12:30 pm</td>
</tr>
<tr>
<td>St. Katharine Drexel</td>
<td>484-490-5079</td>
<td>Chester, PA</td>
<td>Tuesday &amp; Thursday, 12:00 pm - 2:00 pm</td>
</tr>
<tr>
<td>St. Mark's United Methodist Church</td>
<td>610-325-0130</td>
<td>Broomall, PA</td>
<td>Every Tuesday 9:00 am - 10:45 am &amp; Third Tuesday, 6:00 pm - 7:30 pm</td>
</tr>
<tr>
<td>St. Mary's Episcopal Church</td>
<td>610-874-8565</td>
<td>Chester, PA</td>
<td>Tuesday, 10:00 am-12:00 noon (fruits &amp; vegetables only) Friday, 12:00 noon - 2:00 pm (groceries)</td>
</tr>
<tr>
<td>St. Paul's CME Church</td>
<td>610-874-9966</td>
<td>Chester, PA</td>
<td>Friday, 10:00 am - 12:00 noon</td>
</tr>
<tr>
<td>St. Vincent DePaul/ B.V.M. Food Cupboard</td>
<td>484-497-8998</td>
<td>Darby, PA</td>
<td>Monday &amp; Thursday, 9:30 am – 11:00 am</td>
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<tr>
<td>The Foundary Church</td>
<td>610-986-3211</td>
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<tr>
<td>The Giving Garden Pantry &amp; Garden</td>
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<tr>
<td>Thomas M. Thomas Memorial Presbyterian Church</td>
<td>610-874-3424</td>
<td>Chester, PA</td>
<td>Thursday, 11:30 am - 12:30 pm</td>
</tr>
<tr>
<td>True Vine Missionary Full</td>
<td>610-490-4005</td>
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<tr>
<td>Gospel Baptist Church</td>
<td>610-874-7474</td>
<td>Upland, PA</td>
<td>Tuesday &amp; Thursday, 11:00 am - 1:00 pm</td>
</tr>
<tr>
<td>Upland Baptist Church</td>
<td>610-853-2481</td>
<td>Upper Darby, PA</td>
<td>Monday, Tuesday, Thursday &amp; Friday, 10:00 am - 12:15 pm</td>
</tr>
<tr>
<td>Upper Darby Food Center</td>
<td>610-853-2481</td>
<td>(Located in the Bethel Baptist Church) Upper Darby, PA</td>
<td>Monday, Tuesday, Thursday &amp; Friday, 10:00 am - 12:15 pm</td>
</tr>
</tbody>
</table>

**USDA National Hunger Hotline**

1-866-3-HUNGRY (486479)